

Parent Season information sheet notes and how to use it.



Helping parents and coaches go in the same direction.

In this booklet you will find this page of notes, a blank form and an example for you to see what it could look like.

How to use this outline.

- **One page only.** So often club packs for parents are huge. No-one remembers huge. Even a single page like this has lots and lots of info. Keep it to one page. One page is more likely to be remembered and therefore more helpful.
- **Use it as a coaching team.** A number of parts of this page will come from your discussions as a coaching team and what you are trying to do. By using this document it will help you have clarity as a coaching unit about what you are trying to do and how you will do it.
- **Have a coaches training session on how to best work with parents.** Having an information sheet like this helps, but it's people working together which produces a great club. Don't just assume because coaches can coach that they can also work with parents. That's just not fair on the coaches. Working with parents is a different skill.
- **Share it.** Share this on your social media, on your WhatsApp group and on your emails. Don't let it gather dust. Reference it regularly to the parents.
- **Wee before it.** Yep you read that right. Put this up where parents will see it. In the club house loos, next to the bar or where you serve tea and coffee on game day.
- **Get the players to act it!** Use your team in the first couple of weeks to turn this into a film. Most smart phones have an app to help you do this. Parents love to see their kids on film. They will share it. Your message will get out. (Just make sure you have permission to film and share images of the players)
- **End of season questionnaire** ([Example here](#)). At the end of the season send the parents a questionnaire asking for their feedback on the season. It will help you as you start to plan for next year and can inform where you can improve on your communication and coaching.
- **Richard Shorter 'Non-perfect Dad'** can deliver parents sessions, coaches CPD on working with parents and support you in creating excellent parent communication. Communication which helps you and your parents go in the same direction together. Contact him here to talk about your needs.

**Do not forget to check out
www.non-perfectdad.co.uk
for more sports parenting resources.**

Finally, if you use this outline, can you send me a copy of what you produce? I'd love to see what you've done as it will help me learn too.

Contact me here: info@non-perfectdad.co.uk

Parents and Supporters information sheet 20??/??

Team name U?? Team

Club/School vision or motto or aims go here.

Keep this sheet to one page only!

**Team
Logo**

Our Coaching philosophy

This is where you highlight the key elements of the way you coach. In the example I've borrowed from Kids' first. (OM Kids first' or CARDS would be helpful resources here.)

This Season's aims

What are your coaching aims for this season? Are they measurable, can parents count these on game days?

Selection policy

How do you select the week's team? It's important parents understand your logic.

Game time policy

On game day, how do you manage the subs?

When we disagree.

Disagreement can be really helpful and it can be really toxic! It's best to have a simple outline for how disagreement is handled. This can often save everyone a lot of pain and can mean that the best elements of the issue can create growth.

Safe Guarding

It is important that we highlight the Safe Guarding process of a club and direct people to where they can find out more.

Check with your governing body about what would be appropriate to have here.

What we expect as a club to help ensure we are all having fun, growing and fulfilling our club aims.

What is the behaviour you expect from all?

Key parents dates:

What are the key dates for the coming season? When are your parents meetings?

It's best to give parents loads of notice.

Parents and Supporters information sheet 2018/19

Forward Passers U12 Team

**Forward
Passers**

Our Rugby Club exists to help the children of the village
Forward be the best they can be.

Our Coaching philosophy;

- Children are at the heart of everything we do and all the decisions we make.
- We will use game based coaches sessions. (These can and often do look like chaos.)
- No child has a position.

This Season's aims;

- To have more fun than last season.
- To better support the person with the ball.
- To see at least four players touch the ball in each attacking phase.

Selection policy

If there are too many players available for games we will select on the following criteria;

- Those who attend training will be given priority.
- For cup matches the coaches will select the "strongest" available team.

Game time policy

- All players will play at least 2/3's of the the game.
- Substitutions are made to ensure everyone gets a go, not to change the result.

When we disagree.

As a club we recognise it's normal to not agree on everything. To help us hear each other and build the best environment for the children when disagreements occur we;

- Wait 48 hours for the dust to settle before raising our concerns.
 - We email the coach a **short** email saying we have a concern and asking for a meeting to explain in more detail. The club coach will agree a time for the meeting and may invite another coach to attend.
 - If you are unhappy about the outcome you can email the club president. president@forwardpassers.com
- If your concern is around child safety then please see below.

Safe guarding-The Rugby Football Union (RFU) is committed to safeguarding and promoting the welfare of children in the sport. All children are entitled to feel safe and protected from any form of abuse and neglect, and have the right to take part in sport in a safe, positive and enjoyable environment.

If you have a concern about a child please report to the clubs safe guarding officer or the police or the RFU. RFU's Safe Guarding policy can be found here: <http://www.englandrugby.com/governance/safeguarding/>

What we expect as a club to help ensure we are all having fun.

As a club we expect the following from all players, parents, coaches and officials.

- Everyone is treated with respect while at the club, on social media and on journeys to and from the club.
- We will only offer positive encouragement and support from the sidelines.
- Instructions are useful for flat pack furniture, not pitch sidelines.
- We will treat the club with care, especially removing litter and dog mess.

If these are not followed the club will look at processes to resolve the issue.

In extreme cases this could include asking people to leave the club.

Key parents dates:

- Parents meeting: Growing the rugby character with Richard Shorter Non-perfect dad- 10th Sept
- Parenting coaching experience with England Coaches. Trainers needs, no real fitness needed!-12th Jan.
- Parents meeting with Dr Knows. Nutrition, injury and player workload.-23rd Feb.
- Tour-April 5th-7th
- End of season Awards -9th May